Lakeside 8-under Invitational March 14, 2015

SANCTION Held under USA Swimming Sanction KYSC1531

SITE <u>Mary T. Meagher Aquatic Center</u> located at the corner of Reservoir and Zorn Avenues. Free parking in the adjacent lot and legal parking on adjacent streets.

POOL/FACILITY

The competitive swimming pool measures 11 x 25 yard Lanes, each lane is 8 feet wide, with a depth of 5-12 feet and Paragon starting blocks. Competition will occur in 11 lanes. Men's and Women's locker rooms are off the pool deck and are accessible to parents during the meet. Colorado timing system and scoreboard are used. Timing for 25's will utilize the timing system with swimmers starting off the side of the pool if certified; otherwise they must start in the water at the shallow end. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. The use of audio or video recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

FORMAT

Invitational run as pre-seeded, timed finals meet for 8-under swimmers.

WARM-UP STARTING TIMES

When all entries have been received a timeline will be run and warm-up times will be posted.

SCORING

11-9-8-7-6-5-4-3-2-1 for Individual Events

ELGIBILITY

Swimmers must be current athlete members of USA Swimming as provided in Article 302 or as provided under 202.6 or USA Swimming "open border" policy. Age is as of the first day of the meet, March 14, 2015. Coaches must be current coach members of USA Swimming and must wear credentials during the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

UNSUPERVISED SWIMMERS

USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Swimmers participating under the provisions of 202.6 or USA Swimming's "open border" policy must be under the supervision of their coach or a USA Swimming member coach. Coaches who are entering swimmers but will not be at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers unaccompanied by their coaches or for whom arrangements have not been made must contact the Meet Director or Meet Referee who will assist the athlete in finding coach supervision.

ENTRY LIMITATION Swimmers will be limited to 4 Individual events.

ENTRY FEES

\$5.00 per event; \$2.50 per swimmer KYLSC Surcharge; \$2.50 per swimmer Facility Fee

DECK ENTRIES

Deck entries will be accepted at the discretion of the Administrative Referee. Only events with open lanes will be filled. NO heats will be added.

SCRATCH PROCEDURE

Report scratches to the Clerk of Course. There will be a penalty for no-shows, but the event will count as an event swum. Swimmers may not scratch on deck to Deck enter into another event.

ENTRY DEADLINE

The entry deadline is Monday, March 2, 2015. File of the team's entry and a printout of the entries from the Commlink file sent.

Please submit entry by E-mail to deboor@lakesideseahawks.org

ONLY ENTRIES MAILED WITH A CHECK AND THE RELEASE FORM WILL BE ACCEPTED.

Please make checks payable and mail to: Lakeside Swim Team, 1928 Woodbourne Ave., Louisville, KY 40205

If you have any questions or want additional information, please call the Swim Team office at (502)451-4333.

OFFICIALS The Lakeside Swim Team welcomes the assistance of any visiting parent who would like to serve as an official or timer. Please contact the Meet Director.

MEET DIRECTOR David Blackburn

ORDER OF EVENTS

GIRLS	EVENT	BOYS
1	8-under 50 Free	2
3	6-under 25 Free	4
5	8-under 50 Back	6
7	6-under 25 Back	8
9	8-under 50 Breast	10
11	8-under 50 Fly	12

PLEASE SUBMIT BELOW FORM WITH YOUR TEAM ENTRY

WAIVER: In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators, assignees, and swimmers waive and release any and all claims against United States Swimming (USA), the KYLSC of USA Swimming, the Lakeside Swim Team and their staff, for injuries and/or expense incurred by me/us at the meet or while on the road to and from the meet. I/we are current members of United States Swimming as a team, coach, athlete, or administrator and are eligible to compete in all events I/we have entered.

SIGNATURE		POSITION	
ENTRY PERSON		E-MAIL	
TEAM			
TEAM CODE			
TEAM ADDRESS			
CITY	STATE	ZIP	
PHONE	FAX		
RECAP OF ENTRIES:			
Individual Events x \$5.00 each	COMMLINK =\$		
Individual Events x \$6.00 each	WRITTEN =\$		
Relay Events x \$10.00 each = \$	§		
Swimmers x \$5.00 each =\$			
TOTAL DUE =\$	_		
Make checks payable to lakeside Sw Lakeside Swim Team 1928 Woodbourne Ave Louisville, KY 40205 (502) 451-4333	<u>vim Team, and mail to:</u>		
Mail Final Results to:	Coaches on Deck:		

No entrant will permitted to compete unless the entrant is a member as provided in Article 302 held under the sanction of USA Swimming.